

First Responder Mental Health



Centerville Volunteer Fire &
Rescue Company 3
is proud to host
Virginia First Responder
Support Services



Please come and enjoy a free 3 hour training on Mental Health and Peer Support put on by Virginia First Responder Support Services. This class is free to all that attend and paid for by a grant thru the Virginia Department of Behavioral Health.

Topics Covered Include:

- Statistics about mental health in public safety
- Causes of Mental Health Issues
- Signs, Symptoms, and Treatments Available
- What is Peer Support

The class is presented by Ben Gomes, Regional Coordinator for Virginia First Responder Support Services, who has been in public safety for 15+ years in multiple different job aspects.

August 10, 2019
0900-1200
52 Broad St Rd
Manakin, Va 23103